



# ELENA'S

## kitchen & catering

4604 Roseville Rd. North Highlands, CA 95660

Tel. 916-750-5036

[elenaskitchenandcatering@gmail.com](mailto:elenaskitchenandcatering@gmail.com)

[elenas.kitchen](http://elenas.kitchen)

### Prices & Fees

\$22.00 PER PERSON + Tax (50 or more people)

\$24.00 PER PERSON + Tax (20 - 49 people)

**Additional \$1.50 Per Person for Events Delivered or Served After 5:00**

All food is served in disposable aluminum trays unless otherwise requested

15% fee for Chafing dishes and serving utensils (deposit required)

Delivery Fee Will be Quoted with Each Individual Order

## *VEGETARIAN MENU*

*Vegan options are noted*

### *Choose 4 Hot Dishes*

- Mashed Potatoes with Mushroom Gravy
- Yellow Potatoes with butter, garlic, cheese & green onions
- Italian Style Roast Potatoes (sprinkled w/parmesan cheese)  
(vegan without cheese)
- German Style Roast Potatoes (drizzled w/garlic oil) (vegan)
  - Potato & green beans (Vegan)
  - Vegetarian Cabbage Rolls (vegan upon request)
  - Chow Mein (Vegan udon pasta upon request)
- Lemon herb pasta (penne or rotini vegan option upon request)  
(Angel hair pasta in a lemon, herb, garlic, olive oil garnished with fresh parsley)
- Four Cheese Ravioli (Alfredo Sauce, Red Sauce or Tuscany Sauce)
- Mushroom Ravioli (Alfredo Sauce, Red Sauce or Tuscany Sauce)
  - Tomato Basil Spinach Penne Pasta  
(burst cherry tomatoes, basil, fresh spinach & sprinkled with parmesan cheese)  
(vegan without cheese)
- Spinach Mushroom Penne Pasta (Vegan upon request)  
(in red Sauce)

- Impossible Meatballs (vegan)
  - Buckwheat Patties
- Stuffed Colored Peppers (vegan)
  - Cilantro Lime Rice
- Basmati Rice with Veggies (vegan)
- Brown Rice with corn & red bell peppers (vegan)
- Garlic Mushroom Cauliflower Skillet (vegan)
  - Ratatouille (vegan)
  - Beyond Beef Lasagna
  - Vegetarian Lasagna
- Vegan Chicken Parmesan (plant based)
- Tofu Kebab with Georgian Sauce

### *Choose 4 Cold Dishes*

- Roast Vegetables (Choose 3)  
*(Baby Carrots, Green Beans, Zucchini/squash, Asparagus, Red Bell Peppers, Mushrooms, or Mini Peppers)*
- Zucchini Pasta Salad (vegan)  
*(penne pasta, zucchini, bell peppers, red onions, tomatoes & pesto sauce)*
- Mexican Beyond Beef Taco Salad  
*(Romaine & iceberg lettuce, beyond beef fiesta crumbles, corn, black beans, cherry tomatoes, cheese & tortilla strips with taco ranch dressing)*
- Asian Style Salad (vegan)  
*(Napa cabbage, edamame, carrot, almond, sesame seed dressing)*
- Marinated Mushrooms (vegan)
- Sweet & Sour Eggplant Salad (vegan)
- Korean Carrot Salad (vegan)
- Caprese Salad  
*(Cherry Tomatoes, Mozzarella Pearls, Basil with Balsamic Dressing)*
- Cucumber & Dill Salad with oil & vinegar (vegan)
- Fresh Cucumber & Cherry Tomato Salad (vegan)
- Marinated Cabbage Salad (vegan)  
*(Cabbage, Onion Red Pepper & Carrots)*
- Fresh Cabbage Salad (Vegan)  
*(Cabbage, Dill, Parsley, Cucumber, Green Onion, Oil Dressing)*

- Apple Broccoli Salad (vegan)

*(Broccoli, Apples, red onions, sweetened dry cranberries, sunflower seeds with apple cider vinaigrette)*

- Beetroot and Feta Cheese Salad

*(Large diced beets, arugula & feta cheese garnished with oranges & yogurt dressing)*

- Balsamic Beet Salad (vegan)

*(Large diced beets, arugula, oranges, & almonds with balsamic vinaigrette)*

- Beet Salad with Almonds *(Oil dressing)* (vegan)

- Strawberry Almond Spinach Salad *(Poppyseed Dressing)*

- Caesar Salad

*(Romaine Lettuce, Parmesan Cheese, Croutons & Caesar Dressing)*

- Olive Garden Style Salad

*(Iceberg & Romaine Lettuce, Carrots, Tomatoes, Cucumbers, Olives, Red Onion, Pepperoncini, Parmesan Cheese, Croutons, & Italian Dressing)*

- Greek Salad

*(Spring Mix or Romaine Lettuce, Cherry Tomatoes, Cucumbers, Olives, Red Onions, Feta Cheese & Greek Dressing)*

- Almond Berry Spring Mix Salad

*(Raspberries, Strawberries, Blueberries & Almonds on a Spring Mix with Lemon Oil Dressing)*

- Balsamic Soy Garlic Roasted Mushrooms and Green Beans (vegan)

## **Cocktail Hour Appetizers**

**Sold by piece and requires a minimum of 2 dozen per item chosen**

- Stuffed Mushrooms (vegan) - \$1.00

- Green Mix Salad Cups (vegan) - \$1.25

- Impossible Meatballs (vegan)- \$1.50

- Samsa (spinach & cream cheese) - \$1.50

- Mini veggie croissant sandwiches - \$1.50

- Caprese Skewers (tomato & mozzarella) - \$1.50

- Blackberry Caprese Skewers (blackberry & mozzarella) - \$1.50

- Fruit Skewers (vegan) \$1.50

- Vegan Sausage rolls - \$2.00

- Mexican Cocktail (vegan) - \$2.50